

For daily soup menu,
visit CroutonsToGo.com



SOUPS

Cup 3.75 Bowl 4.75
Pint 5.75

DESSERTS

Crouton Bites
.50 ea.

BEVERAGES

Bottled Water,
Juices & Teas
1.95

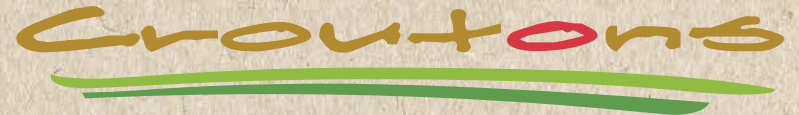
Fountain Drinks
& Freshly Brewed Teas
Sm. 1.65 Lg. 1.95

SIDES

Warm Ciabatta or
Flatbread
1.00

Chips
1.75

Hummus
& Flatbread
3.25



Season the Day.

Get nutritional facts
at CroutonsToGo.com



Season the Day.



UCSD Campus
Ph: 858-450-0240

Sorrento Valley, CA
Ph: 858-638-9500

Bend-West, OR
Ph: 541-330-1133

Carlsbad, CA
Ph: 760-930-6585

Irvine, CA
Ph: 949-222-0911

Bend-East, OR
Ph: 541-728-0825

• CHOOSE 2 COMBOS* •

Two **BROWN** menu items \$8.25

Sub. **RED** menu items add \$1.25 ea.

SALADS

add diced chicken, roasted turkey or avocado to any salad 2.00.
extra toppings .75 – 2.00

	Small	Reg
PEAR & BLEU CHEESE romaine and spring mix with crumbled bleu cheese, fresh pear, glazed walnuts and poppy seed vinaigrette	5.95	7.25
MEDITERRANEAN romaine and spring mix with cucumber, tomato, red bell pepper, kalamata olives, red onion, feta cheese, pita croutons and greek feta cheese vinaigrette	5.95	7.25
SUNDANCE romaine and spring mix with mandarin oranges, dried cranberries, avocado, toasted almonds, feta cheese and cabernet vinaigrette	5.95	7.25
SANTA FE romaine and spring mix with apple, corn, red onion, smoked gouda, toasted walnuts, cornbread croutons and fiesta ranch dressing	5.95	7.25
GRANNY SMITH CHICKEN romaine and spring mix topped with our famous chicken salad, (diced chicken, apple, dried cranberries, walnuts, celery) herb croutons and a light vinaigrette	5.95	7.25
CLASSIC CAESAR romaine with shaved asiago, garlic croutons and caesar dressing	5.25	6.75
CLASSIC CROUTONS romaine and spring mix with tomato, cucumber, red onion, herb croutons and your choice of dressing	5.25	6.75
MIXED BERRY romaine and spring mix with seasonal berries, crumbled bleu cheese, glazed walnuts and berry vinaigrette	6.95	8.25
BALSAMIC & ROASTED VEGGIE romaine and spring mix with roasted eggplant, red peppers, zucchini, and artichokes with goat cheese and balsamic vinaigrette	6.95	8.25
MANDARIN CHICKEN romaine and napa cabbage with shredded chicken breast, carrots, green onions, mandarin oranges, sesame seeds, toasted almonds, wonton croutons and low-fat sesame ginger dressing	6.95	8.25
BALSAMIC CHICKEN romaine and spring mix, diced chicken breast, toasted walnuts, sun-dried tomato, crumbled blue cheese and balsamic vinaigrette	6.95	8.25
BARBEQUE CHICKEN romaine with shredded barbeque chicken breast, corn, black beans, cheddar cheese, tomato, cornbread croutons and ranch dressing	6.95	8.25
BUFFALO CHICKEN romaine with diced chicken breast, tossed in our zesty buffalo sauce, celery, carrots, cornbread croutons with your choice of ranch or blue cheese dressing	6.95	8.25

FRANK'S SPINACH

spinach with strawberries, feta cheese, toasted walnuts, smoked bacon, red onions and balsamic

CHOPPED

romaine with diced chicken breast, dry italian salami, shredded mozzarella, garbanzo beans, tomato, herb croutons and herb-mustard vinaigrette

ALBACORE TUNA

romaine and spring mix topped with albacore tuna salad, tomato, cucumber, herb croutons and a light vinaigrette

NAPA VALLEY

romaine and spring mix with diced roasted turkey breast, bacon, red grapes, celery, swiss cheese, toasted almonds, herb croutons and cabernet vinaigrette

COBB

romaine with diced roasted turkey breast, smoked bacon, tomato, avocado, egg, crumbled blue cheese and herb croutons and your choice of ranch or blue cheese dressing

Small	Reg
6.95	8.25
6.95	8.25
6.95	8.25
6.95	8.25
6.95	8.45

SANDWICHES

Panini

CHICKEN PESTO

oven roasted chicken breast, fresh mozzarella, basil pesto mayonnaise

7.45

VEGETARIAN

roasted tomato, red bell pepper and red onion, avocado, mozzarella, ranch dressing

7.45

MARGHERITA CHICKEN

oven roasted chicken breast, fresh basil, sun dried tomato, provolone cheese, basil pesto mayonnaise

7.45

ITALIAN

capacolla ham, genoa salami, tomato, pepperoncini, provolone cheese, garlic mayonnaise

8.45

SOUTHWEST

oven roasted chicken breast, avocado, tomato, fire-roasted green chile, pepper jack cheese, chile mayonnaise

8.45

CALIFORNIAN

oven roasted turkey breast, avocado, applewood bacon, tomato, swiss cheese, mayonnaise

8.95

APPLEWOOD

cheddar, mozzarella, gouda, applewood bacon, oven roasted tomato, basil pesto mayonnaise

8.45

THREE CHEESE

cheddar, mozzarella, gouda, applewood bacon, oven roasted tomato, basil pesto mayonnaise
*veggie option: sub. sliced avocado for applewood bacon

8.45

TUSCAN ROAST BEEF

roast beef, roasted red bell pepper, red onion, provolone cheese, garlic mayonnaise

8.95

Flatini

TURKEY ARTICHOKE

oven roasted turkey breast, marinated artichoke heart, roasted red bell pepper, feta cheese, pesto

7.45

BUFFALO CHICKEN

oven roasted chicken breast, red onion, mozzarella cheese, zesty buffalo sauce

7.45

BARBEQUE CHICKEN

shredded barbeque chicken breast, red onion, cheddar cheese

7.45

GRANNY SMITH CHICKEN SALAD

our famous chicken salad (diced chicken, granny smith apple, dried cranberries, walnuts, celery), cheddar cheese

7.45

ALBACORE TUNA

house-recipe albacore tuna salad, green leaf lettuce dressed in a light vinaigrette

7.45

EGG SALAD

house-recipe egg salad, provolone cheese, red onion, green leaf lettuce dressed in a light vinaigrette

7.45

LETTUCE WRAPS

CHOOSE ANY 3* OF THE FOLLOWING:

Granny Smith Chicken Salad, Egg Salad, Tuna Salad, or Buffalo Chicken
*Combos, choose 2

7.45